

# BISD FAMILY CONNECTS

— FAMILY NEWSLETTER PUBLISHED BY BISD COMMUNICATIONS —

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Next issue January 19!

## SCHOOL BOARD RECOGNITION MONTH



Ashley Mutschink  
President



Billy Moore  
Vice President



Kellye Seekatz  
Secretary



Rick Rivera  
Trustee



Molly McClure  
Trustee



Chris M Dillon  
Trustee



Dr. Matthew Mix  
Trustee

THANK YOU TO OUR  
*School Board*

#SCHOOLBOARDRECOGNITIONMONTH



RISING ABOVE

January is School Board Recognition Month and Bastrop ISD is honored to celebrate its trustees for their dedication and commitment to the district's schools and students.

"Our school board members are selfless volunteers who spend long hours working to ensure all of our students have the opportunity to learn and grow," said Superintendent Barry Edwards. "Celebrating School Board Recognition Month is one way to say thanks for all they do."

Serving as a link between the community and classroom, school board members are elected to establish the policies that provide the framework for public schools. The Bastrop ISD board is responsible for an annual budget of \$109,934,169, over 12,000 students, roughly 1,060 employees and fifteen campuses.

"School boards are essential to a strong public education system," Texas Association of School Boards (TASB) Executive Director Dan Troxell said. "They provide the local governance and oversight that makes it possible for school districts to serve students, including establishing a strategic plan, adopting policies, approving a budget and selecting and evaluating a superintendent. It's fitting that we celebrate them in January as their leadership is key to the success of every school district in Texas."

Board members serving Bastrop ISD are: President Ashley Mutschink, Vice President Billy Moore, Secretary Kellye Seekatz, Trustee Dr. Matthew Mix, Trustee Chris M. Dillon, Trustee Rick Rivera and Trustee Molly McClure.

# UPCOMING VACCINE CLINICS

Jan 5 - 4:00-7:00 pm	Mina Elementary
Jan 6 - 5:00-7:00 pm	Cedar Creek Intermediate
Jan 7 - 4:00-7:00 pm	Red Rock Elementary
Jan 11 - 4:00-7:00 pm	Lost Pines Elementary
Jan 12 - 4:00-7:00 pm	Bluebonnet Elementary
Jan 13 - 5:00-7:00 pm	Bastrop Intermediate



1st doses, 2nd doses, and booster doses will be available to all who are eligible, including children age 12-15

## CONGRATULATIONS BLUEBONNET PARENTING PARTNERS

The Bilingual/ESL Department would like to congratulate seven of our amazing parents at Bluebonnet Elementary who graduated from the Parenting Partners Workshops.

"We all worked together to build the bridge between home and school and to ensure that our students feel supported from everyone around them," said Mellisabel Eaves, District LPAC Specialist/ Title III Parent Liaison.

Thank you to Mr. MacRoberts and Mr. Zavaleta for the amazing support. We would also like to thank Mr. Mata, Mrs. Ramírez, Ms. Ortiz and our Parent Leader Mrs. Osoria for all of their dedication.

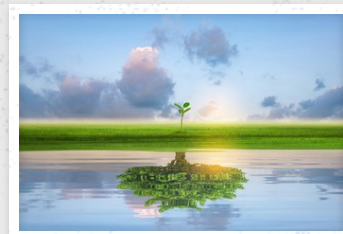
Interested in the next Parenting Partners Workshop? Contact Melli at [meaves1@bisdtx.org](mailto:meaves1@bisdtx.org).



## SOCIAL EMOTIONAL LEARNING

### SELF-CARE TIP

The formal term for January's Self-Care tip is 'Cognitive Reframing', but another way of saying it might be, 'finding the silver lining'. This psychological technique is used to help people shift their perspective around a particular situation, person, or event. This mindset shift can positively impact how a person feels or behaves when faced with a challenge. For example, instead of thinking "All of my plans are ruined" when faced with bad weather or a situation like the pandemic, a person could reframe that thought to "Sometimes plans have to change and I have the skills to adapt". This type of reframing isn't a denial that the situation is happening, but it is a change in perspective that takes the emphasis from the negative impact the situation is having and places it on the skills the person has to accept the situation as it is and then adapt. Here is a short, but helpful video from Committee for Children that describes Cognitive Reframing in more detail and gives examples of how parents can help children develop this skill. The [video](#) is part of a 'Winter Well-Being' series that runs through February 15th, so check out the other videos on the channel and subscribe to get notifications about future videos.



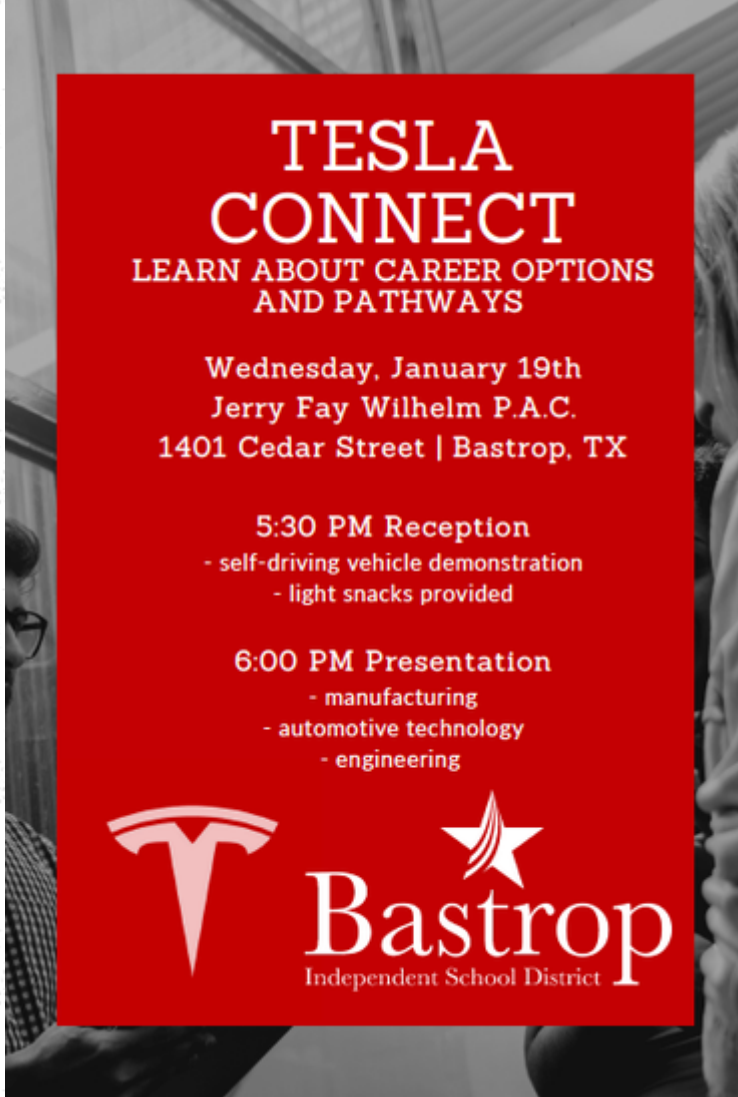
#### What are Students Learning?

After an extended break, there is always time dedicated for teachers to reconnect with their students and to reteach or review schoolwide expectations. Once those expectations have

been reviewed, students and teachers will pick back up with the same SEL units they began before the break. Elementary students will continue learning about empathy, while Intermediate and Middle School students will continue learning about ways to identify and cope with difficult emotions. High School students will continue to learn about values and reflect on what their own values are. Families looking to engage their students around these topics can ask questions like:

- What are you learning during SEL time this week?
- What is one way you can demonstrate empathy to someone having a rough day?
- What are some things you value? How do your values inform your decision making?

## **TESLA CONNECT ~ AN EXCITING OPPORTUNITY!**





**TESLA  
CONNECT**  
LEARN ABOUT CAREER OPTIONS  
AND PATHWAYS

Wednesday, January 19th  
Jerry Fay Wilhelm P.A.C.  
1401 Cedar Street | Bastrop, TX

**5:30 PM Reception**  
- self-driving vehicle demonstration  
- light snacks provided

**6:00 PM Presentation**  
- manufacturing  
- automotive technology  
- engineering



**Bastrop**  
Independent School District

## **COMMUNITY RESOURCES**



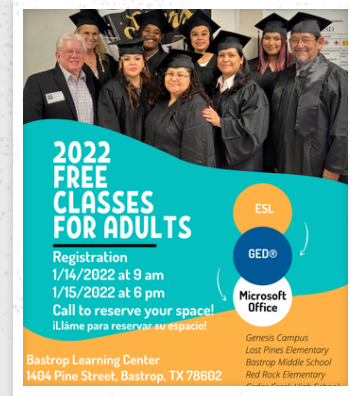
## CHAT ABOUT PAT

Parents as Teachers is a free parent education and support program for all parents with young children (prenatal-5 years) in Bastrop County. Click [here](#) for information on the January 18th meeting.



## HEALTH INSURANCE

Open Enrollment is available until January 15th. For free assistance, call 512-381-4520.



## 2022 FREE CLASSES FOR ADULTS

Register today! Call 512-985-5169 for more information.

## MARK YOUR CALENDAR!

**January 17: Staff and Student Holiday/MLK Jr. Day**

**January 18: BISD School Board Meeting**

Jerry Fay Wilhelm Center for the Performing Arts, 5:30 pm

**January 19: Next Issue of BISD Family Connects**

**January 26: Early Release**

Elementary 11:15 am/Intermediate & Middle 12:15 pm/High 12:25 pm



## CONNECT WITH US!

Facebook @BastropISD

906 Farm Street, Bastrop, TX, ...

[news@bisdtx.org](mailto:news@bisdtx.org)

512-772-7100

[bisdtx.org](http://bisdtx.org)